

CURRICULUM VITAE of

MR. SIMON JENNINGS

MB BS, BSc, Dip. Sports Med., FRCS(Eng), F.R.C.S. (Tr. & Orth.)

PERSONAL DETAILS

NAME: Mr Simon Jennings

NATIONALITY: British

G.M.C. No.: 3585092

M.P.S. No.: 203468

CCST: 3rd November 2004

EDUCATION

Secondary School
1980-1985:

Epsom College, Epsom

GCE "A" Levels: Biology (A)
 Physics (A)
 Chemistry (A)

Medical School
1986-1992:

St. Bartholomew's Hospital, London

Intercalated Degree
1990-1991:

Clinical Sciences
St Mary's Hospital, Paddington
Imperial College, Kensington
Hammersmith Hospital

QUALIFICATIONS

1991:

BSc Clinical Sciences

1992:

MB. BS. University of London

1997:

FRCS (CSIG) (England)

1998:

Diploma in Sports Medicine (Edinburgh)

2003:

FRCS (Trauma & Orthopaedics)

2004:

CCST Trauma & Orthopaedic Surgery

2007:

MFSEM (UK)

PRESENT EMPLOYMENT

23 Mar. 2006 – Present

CONSULTANT ORTHOPAEDIC SURGEON

**Lower limb reconstruction, trauma & sports injuries,
revision knee and hip surgery.**

North West London NHS Trust -

Northwick Park Hospital, Central Middlesex Hospital

PREVIOUS EMPLOYMENT

Pre-Registration Year

1 Aug. - 31 Oct. 1992

HOUSE SURGEON

MR W.H. ALLUM & MR L.J. CHALSTREY

Hepatobiliary & General Surgery,

Department of Surgery, St Bartholomew's Hospital, London

1 Nov. - 31 Jan. 1993

HOUSE SURGEON

MR R.J. LAVELLE, MR J.V.H. KEMBLE, MRS D.V. NIELD

Department of E.N.T. & Plastic Surgery,

St Bartholomew's Hospital, London

1 Feb. - 31 Jul. 1993

HOUSE PHYSICIAN

DR J. ARMSTRONG, DR S.L. GRAINGER, DR J.V. JESTICO

Department of Medicine & Neurology

King George Hospital, Goodmayes, Essex

BASIC SURGICAL TRAINING

2 Sep. - 31 Jan. 1994

S.H.O. UROLOGY

Mr. R.S. KIRBY, Mr. W.F. HENDRY, Mr. D.F. BADENOCH

Department of Urology, St Bartholomew's Hospital, London

1 Feb. - 31 Jan. 1995

R.M.O.

BUPA Gatwick Park Hospital, Povey Cross Road, Horley,
Surrey

ANATOMY PROSECTOR

Department of Anatomy & Cell Biology, U.M.D.S. (Guy's
Hospital)

1 Feb. - 31 Jul. 1995

S.H.O. ACCIDENT & EMERGENCY

Mr. A. WILSON, Mr. S. MILES, Dr. J. FISHER, Dr. H. CUGNONI

Departments of A & E, Royal London Hospital, Whitechapel,
and Homerton Hospital, Hackney.

1 Aug. 1995 - 4 Feb. 1997

HOMERTON HOSPITAL

S.H.O. SURGICAL ROTATION:

1 Aug. - 31 Jan. 1996

S.H.O. TRAUMA & ORTHOPAEDICS

Mr. D.M. McCARTHY

Homerton Hospital, Hackney.

1 Feb. - 31 Jul. 1996

S.H.O. GENERAL SURGERY

Mr. L.M. MELEAGROS

Homerton Hospital, Hackney.

1 Aug. - 4 Feb. 1997

S.H.O. I.T.U.

Dr. J. COAKLEY, Dr. D. WATSON

ITU, Homerton Hospital, Hackney.

31 May - 25 Jun. 1997

Medical Officer

London Broncos Rugby League Football Team

World Super League Challenge, Australia.

5 Feb - 2 Jan. 1998

S.H.O. IN ORTHOPAEDICS AND A&E (Locum)

HIGHER SURGICAL TRAINING

5 Jan. 1998 - 3 Jan. 1999	Knee Surgery Fellow Mr. G.S.E. Dowd, Mr. P.M. Aichroth The Royal Free Hospital, Hampstead, London The Wellington Hospital Knee Surgery Unit, St John's Wood, London
4 Jan. 1999 – 31 Dec. 2004	UCH Middlesex Specialist Registrar Training Rotation in Trauma and Orthopaedics
4 Jan. – 30 Jun. 1999	Mr. M.A. Edgar, Mr.D.H.A.Jones Spinal Deformity, General and Paediatric Surgery University College Hospital and the Middlesex Hospital, London
1 Jul. – 9 Jan. 2001	Mr. R.L. Williams Foot & Ankle Surgery University College Hospital and the Middlesex Hospital, London
10 Jan. – 30 Jun. 2000	Mr. D.A.A. Archibald General Orthopaedics Chase Farm Hospital, The Ridgeway, Enfield
1 Jul. – 7 Jan. 2001	Mr. T. Bull Spinal Surgery Chase Farm Hospital, The Ridgeway, Enfield
8 Jan. – 30 Jun. 2001	Mr. D. Sweetnam Knee Surgery The Whittington Hospital, Highgate, London
1 Jul. – 4 Jan. 2002	Miss S. Muirhead-Alwood, Mr. P.Thomas Hip Surgery, Knee Surgery, Sports Injuries The Whittington Hospital, Highgate, London
5 Jan. – 30 Jun. 2002	Mr. J.D. Witt Hip & Knee Surgery University College Hospital and the Middlesex Hospital, London
1 Jul. – 6 Jan. 2003	Mr. B. Cohen Upper Limb Surgery University College Hospital and the Middlesex Hospital, London

7 Jan. – 30 Jun. 2003	Mr. J.I.L. Bayley, Mr. S. Lambert Shoulder Surgery, Shoulder Unit , Royal National Orthopaedic Hospital, Stanmore, Middlesex
1 Jul. – 31 Dec. 2003	Mr. R. Carrington, Mr. J. Skinner Hip & Knee Surgery Adult Reconstruction Unit Royal National Orthopaedic Hospital, Stanmore, Middlesex
1 Jan. – 31 Mar. 2004	Mr. J. Goodall, Mr. K. v. Lehndorff General Orthopaedics & Spinal Surgery Central Middlesex Hospital, Park Royal, London
1 Apr. – 30 Jun. 2004	Mr. M. Pearse, Mr. J. Hollingdale Hip & Knee Surgery Central Middlesex Hospital, Park Royal, London
1 Jul. 2004 - 31 Dec. 2004	Mr. M. Bartlett, Mr. L. Freedman Knee Surgery Northwick Park Hospital, Watford Road, Harrow, London
1 Jan. 2005 - 22 Mar. 2006	Locum Consultant Orthopaedic Surgeon Knee & Hip Surgery Northwick Park Hospital, Watford Road, Harrow, London

ORTHOPAEDIC PRACTICE

I am an orthopaedic specialist in Knee and Hip surgery, with a keen interest in sport injuries and their management. I provide a service which includes the full range of treatments for conditions of the knee and hip, from conservative (non-operative) to surgical (primary and complex revision). I am part of the on-call team for trauma in our NHS Trust and treat a wide range of injuries. I work as part of a multidisciplinary team and have a great network of colleagues to aid in all aspects of patient care from injury and/or illness to recovery.

My NHS practice is based at the North West London Hospitals NHS Trust which includes Northwick Park and St Mark's hospitals in Harrow, and Central Middlesex Hospital in Park Royal. This is one of the biggest and busiest NHS trusts in the capital.

My private practice is based in central London consulting at 107 Harley Street and operating at the Princess Grace Hospital; I also consult and operate at the Clementine Churchill Hospital in Harrow.

SPORTS MEDICINE

I have devoted a substantial amount of my medical career since qualifying in 1992 to practicing Sports and Exercise Medicine on the field of play at home, overseas, and in clinics as well as lecturing and teaching. My training in orthopaedic surgery is complimentary to Sport and Exercise Medicine, and a lot of my work involves sports injury management. As an orthopaedic surgeon I see a wide spectrum of sport related injury. I treat patients of all ability levels with the aim of speedy diagnosis and treatment to return to full activity.

I continue to have an active interest in sports injuries and their management. I strive to keep myself current with the most recent developments in this field, and I continue to lecture on my experiences in the field of medicine in professional sports. I also like to keep active in the role of an advocate for exercise as a primary health care strategy.

LEARNED SOCIETIES & PROFESSIONAL MEMBERSHIPS

General Medical Council

Royal College of Surgeons of England

British Orthopaedic Association

British Association of Surgery of the Knee

British Association of Sport and Exercise Medicine

British Medical Association

Rugby League Medical Association

Medical Protection Society

RESEARCH & PUBLICATIONS

Portal Vein Thrombosis after total Knee replacement: a case report.

G. Martin, A. Rashid, H.B. Abdul-Jabar, S Jennings
Journal of Orthopaedic Surgery 2012; 20(2) 276-8

Medium term follow up of endoscopically assisted BPTB ACL reconstruction using a two-incision technique: Return to sporting activity.

Simon Jennings, Vijay Rasquinha, George S.E. Dowd
The Knee December 2003; **10**(4): 329-333

Health and safety implications of injury in professional rugby league football.

C. Gissane, J. White, K. Kerr, S. Jennings, D. Jennings
Occupational Medicine 2003; **53**: 512-517

Common Injuries of the Shoulder

S. Jennings, B. Cohen
Hospital Medicine November 2002; **63** (11): 681-683

Physical collisions and injury rates in professional super league rugby

C. Gissane, S. Jennings, D. Jennings, J. White, K. Kerr
Cleveland Medical Journal 2001; **4**: 147-155

Knee Arthroscopy Guide

Article for the website *Encyclomedica* about arthroscopy of the knee.
This article was peer reviewed and placed on the website for information to patients undergoing knee arthroscopy. November 2001

Body mass weight loss and dehydration in rugby league.

S. Jennings, S. Robertson, D. Jennings, J. White, C. Gissane
Coaching & Sports Science Journal 1999; **3** (3): 31-33

Ambulatory Transurethral Resection of the Prostate.

SAV Holmes, S Jennings, CGA Short, GB Gillet, RS Kirby
Ambulatory Surgery 1994; **2**: 1-3

ORAL PRESENTATIONS

PCL Retaining or Sacrificing Prosthesis for TKR: a Comparison.

S. Jennings

Knee Arthroplasty Course for Theatre Staff,

Open Learning Centre, London January 1998

Elective orthopaedic Surgery

S. Jennings

Clinical Surgery in General Revision Course

Royal College of Surgeons, London. April 1998

Early results of the 913 Total Knee Replacement

G.S.E.Dowd, S.Jennings

Lubeck. February 1999

Early Follow Up of 13 PCL Reconstructions Using Allograft or Middle Third Patellar Tendon with Special Reference to Reduction of Posterior Sag

G.S.E.Dowd, S. Jennings

PCL Study Group, South Africa. March 1999

Total Knee Replacement Posterior Cruciate Retaining

G.S.E.Dowd, S. Jennings

Rome. March 1999

Return to sport after arthroscopically assisted BPTB ACL reconstruction: a 4 to 8 year follow-up.

S. Jennings, G.S.E. Dowd, V. Rasquinha

BOSTA: Management of Sports Injuries, Royal College of Surgeons, London April 1999

The University College Hospital Major Incidence Response 30th April 1999

S.Jennings, C.Cooper, J. Lee

UCH & the Army Soho Bomb Conference, The Middlesex Hospital, London June 1999

Cuts & Contusions

S. Jennings, D. Jennings

Royal Society of Medicine: Sports Medicine Section, London. Jan 2001

Sporting Shoulder Injuries

S. Jennings

Master of Science & Graduate Diploma Course in Sports & Exercise Medicine

The Archway Campus, UCL. April 2001

Sporting Elbow Injuries

S. Jennings

Master of Science & Graduate Diploma Course in Sports & Exercise Medicine

The Archway Campus, UCL. April 2001

Return to sport after arthroscopically assisted BPTB ACL reconstruction: a 4 to 8 year follow-up.

S. Jennings, G.S.E. Dowd, V. Rasquinha

Annual Specialist Registrar Presentation, The Middlesex Hospital, London May 2001

Foot & Ankle Injuries

S. Jennings

Master of Science & Graduate Diploma Course in Sports & Exercise Medicine

The Archway Campus, UCL. June 2001

Return to sport after arthroscopically assisted BPTB ACL reconstruction.

S. Jennings, G.S.E. Dowd, V. Rasquinha

Joint Rheumatology & Orthopaedic Meeting, Whittington Hospital. July 2001

Early Results of the M²A Hip Replacement

S. Jennings

Biomet International Hip Replacement Update Meeting, Dublin. Sep 2001

Sporting Cuts & Contusions

S. Jennings, D. Jennings

Joint Rheumatology & Orthopaedic Meeting, Whittington Hospital. July 2001

Prosthetic Design in TKR

S. Jennings, Prof. G. Blunn

Stanmore Teaching Program. August 2003

Trauma of Hand Wrist & Forearm

S. Jennings

BOA Casting Course. July 2003

Trauma of Knee and Knee Conditions

S. Jennings

BOA Casting Course. September 2003

FRCS (Orth) – The Candidates Views

S. Jennings

Stanmore Basic Sciences Course. March 2004

Joint Injection Indications and Techniques

S. Jennings

General Medical Teaching Seminar, Central Middlesex Hospital. February 2004

Judo: Sporting Injuries

S. Jennings, P. Rollitt

Royal Society of Medicine: Sports Medicine Section. Jun 2004

Judo Competition: Sports Medicine and Injuries

S. Jennings

Sports Medicine Conference, Lister Institute, Edinburgh. March 2005

Rugby League: Sports Medicine

S. Jennings

Sports Medicine Conference, Lister Institute, Edinburgh. March 2005

Beware the Unusual: A Case of Vertebral Artery Dissection

S. Jennings

Sports Medicine Conference, Lister Institute, Edinburgh. March 2005

Groin, Hip & Back Pain

London Sports Injury Clinic Symposium

The Back Pain Show

Olympia, London February 2012

Orthopaedic causes and the management of groin pain**“Sporting Groin, Hips and Hamstrings – Going for Gold”**

London Sports Injury Clinic Symposium

RSM, London September 2012

Knee Arthroscopy Setup - Equipment

Inaugural UCH Basic Knee Arthroscopy Course

University College Hospital, London 2013

POSTER PRESENTATIONS**The Long Term Follow-up of Endoscopically Assisted BPTB ACL reconstruction**

S.Jennings, V. Rasquinha, G.S.E.Dowd

ISAKOS Congress, Montreux, Switzerland. May 2001

VIDEO PRESENTATIONS**Day Surgery for Male Impotence**

British Association of Urological Surgeons: Surgical Andrology Course

St Bartholomew's Hospital. November 1993

Arthroscopically Assisted PCL Reconstruction

Northallerton Knee Conference. November 1998

COURSES & MEETINGS ATTENDED

November 1993	BAUS Surgical Andrology Course St Bartholomew's Hospital (Assistant Course Organiser)
July 1994	Slome Course (A.B.S.)
December 1994	British Association of Clinical Anatomists Meeting
December 1995	A.T.L.S. Provider
1995 - 1996	R.C.S. STEP Course
September 1996	Whipps Cross Advanced Surgical Course
November 1996	R.C.S. CSIG Written Paper Course
July 1997	Orthopaedic Surgical Approaches Course Royal Free Hospital
September 1997	General Sports Medicine Course, Lilleshall Hall National Sports Centre
November 1997	Intermediate I Sports Medicine Course, Lilleshall Hall National Sports Centre
March 1998	Wellington International Knee Symposium Developments & Problems in Total Knee Arthroplasty
April 1998	BOSTA: The Management of Sports Injuries Course Royal College of Surgeons of England, London
April 1998	BASK Spring Meeting Royal College of Surgeons of England
August 1998	Sports Medicine Course for the Diploma Examination Royal College of Surgeons of Edinburgh
September 1998	Smith & Nephew International Knee Symposium Barcelona
October 1998	British Orthopaedic Association / Irish Orthopaedic Association Dublin
November 1998	4 th Wexham Park Cruciate Meeting

November 1998	Wellington International Knee Symposium Revision Total Knee Arthroplasty
April 1999	BOSTA: The Management of Sports Injuries Course Royal College of Surgeons of England, London
March 2000	Sports Injuries in Man and Animals RSM
June 2000	AO/ASIF Basic Course Leeds
August 2000	Knee Course for SPRs Wellington Hospital
September 2000	British Orthopaedic Association / Japanese Orthopaedic Association London
September 2001	Cementless Hip & M ² A Mini Symposium Dublin
November 2001	Management of Complex Knee Ligament Injuries Wellington Knee Surgery Unit, Lords Cricket Ground
March 2002	Visiting Professor Lectures: Robert Barrack (New Orleans) University College London
April 2002	Instructional Course in Children's Orthopaedics for Specialist Registrars Aldery Hey Children's Hospital
September 2002	Basic Science Course Nottingham
October 2002	Clinical & One day Course for FRCS (Orth) Oswestry
March 2003	Basic Science Course Stanmore
June 2003	Continental Surgeons Course 2003 UCL
July 2003	A.T.L.S. Provider Stanmore

April 2004	American Orthopaedic Society for Sports Medicine Wellington Hospital
June 2004	Management Course for Specialist Registrars Bart's and the London Trust, London Chest Hospital
July 2004	One Day Course for Specialist Registrars Consultant Interview Bart's and the London Trust, London Chest Hospital
March 2005	Sports Medicine Conference Lister Institute, Edinburgh
October 2005	Controversies in Hip Surgery, RNOH
March 2006	Interview Skills Training Course Hammersmith Hospital, London
March 2006	Approaches to Teaching in Clinical Settings Imperial College, London
June 2006	5 th Interactions in Hip & Knee Arthroplasty Whittlebury Hall, Towcester, Northants
Nov 2008	Sports Hip Surgery University of Warwick
Sept 2009	Groin Disruption: Orthopaedic aspects Symposium on Groin disruption at the RSM, London
Sept 2010	Orthopaedic Causes & Management of Groin Pain Symposium at the RSM, London
March 2011	Inaugural Arsenal Football Club SEM Conference The Emirates Stadium, London
September 2011	Innovative Biomimetic Scaffold for Osteochondral Regeneration Live surgery. Professor Marcacci at the Istituto Ortopedici Rizzoli, Bologna
November 2011	Maioregen Advanced Osteochondral Repair Symposium Marriott Hotel, London
February 2012	Arsenal Football Club SEMS Conference 2012 125 years in elite sports medicine; what challenges lie ahead? Arsenal Football Club, Emirates Stadium, London

February 2012

London Sports Injury Clinic Symposium
The Back Pain Show, Olympia, London

September 2012

“Sporting Groin, Hips and Hamstrings – Going for Gold”
Symposium at RSM, London